

To provide the most successful whitening treatment using the uPhoria Whitening System, all users should become familiar with the MOST EFFECTIVE WAYS to use the uPhoria system. Visible results will follow.

The uPhoria system uses VIBRATION (NOT light) through the gel to create microbubble cavitations (1000's of them every second). These bubbles FIZZ with great force (14500psi) and heat (8500F). Accordingly, the micro-bubbles drive hydrogen peroxide into the stained pores of the enamel. It works AMAZINGLY WELL, if the system is used properly.

1. **SETUP** – Please be sure your Stand is set up properly. All parts tightened, Mouthpiece installed firmly. Use suction for comfort.
2. **USE** - practice and experience the treatment for yourself; Feeling a consistent tingle, pulsing hiss from the Mouthpiece and a gentle warming sensation are all indications that the system is working as intended;
3. **PATIENT POSITION** – Have the patient sit upright as possible, no need to have the dental chair reclined;
4. **SOAK PAD** - assure that foam pad is saturated. Squeezing gel out during placement will reduce whitening efficacy due to reduction of number of micro implosions;
5. **CONTACT – CONTINUOUS** contact with gentle pressure is the only way to get the system to deliver hydrogen peroxide with micro-implosions. Too much pressure applied to the back of the ultrasonic unit (silver piece that is connected to the white mouth piece), can cause the whitening solution to disperse on the foam pad creating spots on the foam pad that will not have any acoustic energy flowing through PLUS it can cause excessive heat;
6. **PATIENT SELECTION** – not all teeth whiten at the same rate (in the same way as someone on a diet might not lose as much weight as someone else on the same diet) However, everyone will see some results. People that tend to have whiter teeth will get a nice jump start of a couple shades (i.e. closer to their natural color when they were younger) whereas people in the yellow and brown hues tend to achieve a greater result. I typically do not recommend whitening for patients with deep grey hue colors;
7. **uPhoria @HOME**- After achieving anywhere from 2-6 shades whiter in the office, the patient is pretty motivated to continue to whiten their teeth at home. We have found that patients are only compliant with at home products for a few days, which is why we created uPhoria @home. It is an easy 3-day whitening treatment!
  - The @home product is comprised of two simple steps (Step 1)- Accelerator mouth rinse that kills the bad bacteria that prohibits the release of peroxide and (Step 2)- Whitening serum- the patented formula contains a rosin that allows the serum to temporality adhere to the patients teeth for about 15 minutes

*By delivering on a huge and core patient need (Teeth Whitening), the uPhoria Experience is designed to **SAFELY** brighten your patients smile during every dental cleaning, thereby promoting recall visits **vs.** other products that “blast” a high level of hydrogen peroxide on the teeth which can cause extreme tooth sensitivity leaving your patients with an undesirable experience. Patients love uPhoria because it does not cause tooth sensitivity, is very fast, and affordable!*

**HAPPY PATIENT = HAPPY DENTAL OFFICE** 😊😊

## uPhoria FAQs

**1. How often can I get a uPhoria Ultrasonic Teeth Whitening treatment?**

We recommend that you get an Ultrasonic Teeth Whitening treatment once every 6 months after you get your teeth cleaned with your dentist.

**2. How can I maintain my white teeth after my treatment?**

To extend the effect of your whitening, we recommend that you uPhoria @Home to provide further results and to maintain your new bright smile.

**3. Will this cause tooth sensitivity?**

The uPhoria Ultrasonic Teeth Whitening System does not cause tooth sensitivity. You may experience slight irritation on your gums if they are exposed to the whitening gel during your treatment. The irritation should not last long but if you notice any discomfort during your treatment, be sure to alert the hygienist so that they can make proper adjustments to protect your gums. You could place vitamin E on any affected soft tissue

**4. Can you get a uPhoria Ultrasonic Teeth Whitening treatment if you are pregnant? We**

recommend that you first consult your doctor before receiving a treatment if you are pregnant.

**5. Can you use it with veneers / caps?**

The uPhoria Ultrasonic Teeth Whitening System is completely safe to use on veneers and dental restorations. The treatment will work on veneers but will only whiten to remove any surface stains on the dental restoration.

**6. How long does one treatment last?**

It is recommended to get one Whitening treatment every 6 months following your cleaning with your dentist.

**7. Does this remove deep stains or just surface stains?**

The proprietary formulation has been developed to remove both deep stains and surface stains.

**8. What testing has been done on this Whitening Treatment?**

This product has been through rigorous testing to be FDA Compliant. It was also been through Enamel Safety Testing to ensure that it will not damage or weaken teeth.

**9. Are the Treatment Kits reusable?**

The treatment kits are for single use only. Please dispose of all parts of the kit once the treatment is complete.

**10. Can I do more than one treatment at a time?**

We recommend that you only do one treatment per dentist visit. Multiple treatments don't necessarily mean that your teeth will continue to whiten as the initial treatment removes the most stains. If you would like, you could come back in the next day for another uPhoria treatment. However, the uPhoria @home product will provide further results and maintenance between cleanings.

**11. Do I need to wait after the treatment before drinking or smoking?**

We recommend that you refrain from eating, drinking or smoking for 30 minutes after your treatment is completed. However, since we are not dehydrating the teeth, you will not have a "rebound" effect the next day.